



XI PENTECOST (Proper 13)

Sunday, August 4, 2024 ❖ 9:30 am



A very warm welcome! We are delighted to have you join us. This bulletin has been designed to help you worship with us. Please note that wherever it says “stand, sit, kneel” (Episcopalian Calisthenics!), such are only suggestions. We Stand to Praise; Sit to Listen; and Kneel to Ask. You are welcome to do whatever you are able or find most comfortable.

We hope you will not find our silence before the liturgy to be a lack of hospitality. We merely have a custom of keeping the silence before the liturgy as a time of preparation and talking to God. We will be very enthusiastic to talk with you and each other after the service. There’s an old adage which says, “Before liturgy, talk to God. During liturgy, let God talk to you. After liturgy, talk to each other.”

Please remember St Michael’s in your prayers and we hope you will return to worship with us again!

THE INTROIT HYMN (*Please stand as able.*)

Hymnal 527

Singing songs of expectation

Ton-y Botel



1 Sing - ing songs of ex - pec - ta - tion, on - ward
2 One the light of God's own pres - ence, o'er his
3 One the strain the lips of thou - sands lift as



goes the pil - grim band, through the night of
ran - somed peo - ple shed, chas - ing far the
from the heart of one; one the con - flict,



doubt and sor - row, march - ing to the prom - ised land.
gloom and ter - ror, bright - ening all the path we tread:
one the per - il, one the march in God be - gun:



Clear be - fore us through the dark - ness gleams and
one the ob - ject of our jour - ney, one the
one the glad - ness of re - joic - ing on the



burns the guid - ing light: trust - ing God we
faith which nev - er tires, one the ear - nest
far e - ter - nal shore, where the one al -



march to - geth - er step - ping fear - less through the night.
look - ing for - ward, one the hope our God in - spires.
might - y Fa - ther reigns in love for ev - er - more.

THE OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

THE COLLECT FOR PURITY

All O God, whose light divides the day from the night, and turns the shadow of death into morning, open our lips to sing your praise and our hearts to receive your word, that we may come before you in truth and sincerity of heart; through Jesus Christ our risen Lord. Amen.

THE SUMMARY OF THE LAW

Celebrant Hear what our Lord Jesus Christ says:
You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and great commandment. And the second is like unto it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.

THE GLORIA

Hymnal S-280

Glory to God in the highest,

Robert Powell (b. 1932), rev.

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,

The Gloria continues on next page.

you a-lone are the Lord, 7. you a-lone are the Most
 High, Je-sus Christ, with the Ho-ly Spi-rit, in the
 glo-ry of God the Fa-ther. A-men.

Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE FIRST READING: 2 Samuel 11:26--12:13a

Ann Morris

Reader A Reading from the Second book of Samuel.

²⁶When the wife of Uriah heard that her husband was dead, she made lamentation for him.

²⁷When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, ^{12:1}and the LORD sent Nathan to David. He came to him, and said to him, “There were two men in a certain city, the one rich and the other poor. ²The rich man had very many flocks and herds; ³but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. ⁴Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man’s lamb, and prepared that for the guest who had come to him.” ⁵Then David’s anger was greatly kindled against the man. He said to Nathan, “As the LORD lives, the man who has done this deserves to die; ⁶he shall restore the lamb fourfold, because he did this thing, and because he had no pity.”

⁷Nathan said to David, “You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; ⁸I gave you your master’s house, and your master’s wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. ⁹Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. ¹⁰Now therefore the sword shall never depart from your house, for you have

despised me, and have taken the wife of Uriah the Hittite to be your wife. ¹¹Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. ¹²For you did it secretly; but I will do this thing before all Israel, and before the sun.”

^{13a}David said to Nathan, “I have sinned against the LORD.”

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as able and join in singing.

THE PSALM: Psalm 51:1-13

Meinrad mode 5



© Saint Meinrad Archabbey

¹Have mercy on me Q God,
according to your loving-kindness;
in your great compassion
blot out my offenses.

²Wash me through and through from my wickedness
and cleanse me from my sin.

³For I know my transgressions,
and my sin is ever before me.

⁴Against you only have I sinned
and done what is evil in your sight.

⁵And so you are justified when you speak
and upright in your judgment.

⁶Indeed, I have been wicked from my birth,
a sinner from my mother's womb.

⁷For behold, you look for truth deep within me,
and will make me understand wisdom secretly.

⁸Purge me from my sin,
and I shall be pure;

The Psalm continues on next page.

Wash me, O Lord
and I shall be clean indeed.
⁹Make me hear of joy and gladness,
that the body you have broken may rejoice.
¹⁰Hide your face from my sins,
and blot out all my iniquities.

¹¹Create in me a clean heart, O God,
and renew a right spirit within me.
¹²Cast me not away from your presence
and take not your holy Spirit from me.
¹³Give me the joy of your saving help again
and sustain me with your bountiful Spirit.

THE SECOND READING: Ephesians 4:1-16 (*Please be seated.*)

Steve Morris

Reader A Reading from Paul's letter to the Church in Ephesus.

¹I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

⁹(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as able.

THE GOSPEL: John 6:24-35

Priest **+** The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

²⁴On the next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you

come here?” ²⁶Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” ²⁸Then they said to him, “What must we do to perform the works of God?” ²⁹Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” ³⁰So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing?” ³¹Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” ³²Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.” ³⁴They said to him, “Sir, give us this bread always.”

³⁵Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

THE SERMON *(Please be seated.)*

The Rev'd Karen Maurer

THE CREED *(Please stand as able.)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE INTERCESSIONS *(Please kneel as able or be seated.)*

Michael Palazzola

Intercessor O God, your people are hungry for your presence. Teach us to put our trust in you. Let us not forget the wonders you have shown us.

You are the Bread of Life;

All **Give us this bread always.**

Intercessor Your church is hungry for your presence. Give our leaders hearts for your truth and wisdom as they guide us. Bless our Presiding Bishop Sean., our Bishop John., and our priests and deacons. Empower us all to live the covenant we have made with you.

You are the Bread of Life;

All **Give us this bread always.**

Intercessor Your world is hungry for peace. We pray for the leaders of all the nations, that their hearts are intent on the common good for all people. We pray for Joe, our President, those who serve in local governments, and for the courts and Congress of our land.

 You are the Bread of Life;

All **Give us this bread always.**

Intercessor Your world is hungry for relief from hardship. We pray for your people in all corners of the world who want for food and shelter; who suffer from oppression and war. Sustain them with your presence and lead us to come to their aid.

 You are the Bread of Life;

All **Give us this bread always.**

Intercessor Your world is hungry for healing and compassion. We pray for those we hold dear to our hearts who suffer from any illness of body, mind or spirit, especially _____. We pray also for those who have no one to pray for them.

 You are the Bread of Life;

All **Give us this bread always.**

Intercessor Your world is hungry for comfort and eager for new life. Enfold those who have died into your embrace, especially _____. May they rest in your eternal presence. May we all come to know the life that is eternal.

All **Give us this bread always.**

Give us this bread always.

Intercessor For what else shall we pray?

Congregation is invited to say intentions aloud or in silence.

Celebrant Let us all pray together,

All **Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.**

THE CONFESSION & ABSOLUTION (Church of Kenya)

Celebrant God is love and we are God's children. There is no room for fear in love. We love because God loved us first. Let us reverently confess our sins to Almighty God:

 Almighty God,

All **Creator of all, you marvelously made us in your image; but we have corrupted ourselves, and damaged your likeness by rejecting your love, and hurting our neighbors. We have done wrong and neglected to do right. We are sincerely sorry and heartily repent of our sins. Cleanse us and forgive us by the sacrifice of your Son; Remake us and lead us by your Spirit, the Comforter. We ask this through Jesus Christ our Lord. Amen.**

Celebrant Almighty God, whose steadfast love is as great as the heavens are high above the earth, ✚ remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom and keep you upright to the last day; through Jesus Christ, our merciful High Priest. *Amen.*

THE PEACE *(Please stand as able.)*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Ministers and People exchange signs of peace in the name of the Lord.

THE OFFERTORY SENTENCE *(Please stand as able.)*

Celebrant Jesus said to them, 'I AM the Bread of Life. Whoever comes to me will never be hungry, and whoever believe in me will never be thirsty.

Online Giving: make your secure, private donation by scanning one of the QR codes found in the Announcements section at the back of this bulletin.

Please stand as able and join in singing.

THE OFFERTORY HYMN

Hymnal 321

My God, thy table now is spread

Rockingham

1 My God, thy ta - ble now is spread, thy cup with
2 O let thy ta - ble hon - ored be, and fur - nished
3 Drawn by thy quick - ening grace, O Lord, in coun - tless
4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren
well with joy - ful guests; and may each soul sal -
num - bers let them come and gath - er from their
world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.
va - tion see, that here its sa - cred pledg - es tastes.
Fa - ther's board the Bread that lives be - yond the tomb.
all be blessed who see the light or feel the sun.

The musical score consists of three systems, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are printed below the vocal line of each system.

The Eucharistic Prayer (from *Eucharistic Prayers* by Wells and Kocher)

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Forgiving and restoring God, we thank and praise you because you make the gifts of your creation into the means of our redemption and you turn our fallen folly into the occasion of your risen glory. In Christ the Lamb you gave us everything you had. Though we strayed from

your ways and slayed your holy one, yet you set before us this gracious banquet in which that crucified and risen Lamb reconciles us with you. And so we live in gratitude for your mercy and in praise of your grace, joining the company of heaven in their constant hymn.

THE SANCTUS

Hymnal S-125

Holy, holy, holy Lord, God of power and might

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

Faithful Father, in Christ you give us the food that will never perish but endures for eternal life. Give us this bread always, that coming to you your people will never be hungry, and believing in you your people will never be thirsty. Bless us with the unity of the Spirit in the bond of peace that this bread and this wine may be for us the body and blood of our Lord Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying,

"Take, eat: this is my body which is given for you;
 do this in remembrance of me."

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying,

"Drink this, all of you: this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith:

All **Christ has died; Christ is risen; Christ will come again.**

God and Father of all, who is above all and through all and in all, make your church humble, gentle and patient, living a life worthy of its calling. You summon apostles, prophets, evangelists, pastors and teachers to equip the saints for the work of ministry, for building up the body of

Christ. Empower your people for service and build your church up in love. Draw all who look to you with hope into unity of faith, growing together into the full stature of Christ. Renew your servants in the gifts of ministry and bless any who labor and are heavy-laden by surrounding them with the joyous companionship of your saints, until all who share in one Lord, one faith and one baptism are one in unity before your throne, everlasting God, Trinity of perpetual peace.

THE LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

THE FRACTION

Celebrant We break this bread to share in the Body of Christ.
People Though we are many, we are One Body, because we all share in one bread.
Celebrant The Gifts of God for the People of God.

THE AGNUS DEI

Hymnal S-160 *Lamb of God, you take away the sins of the world* *adapt. Mason Martens*

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Everyone is welcome to receive Christ's Body and Blood in our Church. If you do not wish to receive either the bread or the wine, please cross your arms and a short blessing will be said. You are also welcome to intinct the bread into the chalice if you prefer not to drink directly from the chalice. (Though, to be honest, it is fortified with extra alcohol to kill germs. If you don't drink it the priest must, and then the announcements can get a bit entertaining after Mass.) Gluten-free wafers are also available upon request.

Congregants worshiping on Zoom, Facebook Live, or YouTube may say the following:

THE SPIRITUAL COMMUNION PRAYER

Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

THE COMMUNION MUSIC

THE POST-COMMUNION PRAYER *(Please kneel or sit as able.)*

Celebrant Let us pray.

All Holy and life-giving God, we have broken the bread which is Christ's body, we have tasted the wine of his new life. We thank you for these gifts, by which we are made one in him, and drawn into that new creation, which is your will for all the world; through him who died for us and rose again, your Son our Savior Jesus Christ. Amen.

ANNOUNCEMENTS *(Please be seated.)*

THE BENEDICTION *(Please stand as able.)*

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his Son Jesus Christ our Lord; and the ✚ blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen.

THE RECESSIONAL HYMN

Hymnal 302

Father, we thank thee who hast planted

Rendez à Dieu

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -
2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,

in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy
guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im - parts. Thou, Lord, didst make all for thy plea - sure,
formed un - to thy will. As grain, once scat - tered on the hill - sides,

didst give us food for all our days, giv - ing in Christ the
was in this bro - ken bread made one, so from all lands thy

Bread e - ter - nal; thine is the power, be thine the praise.
Church be gath - ered in - to thy king - dom by thy Son.

THE DISMISSAL

Celebrant Let us go in peace to love and serve our Lord.

People Thanks be to God.

THE POSTLUDE

Today's Worship Team

Guest Celebrant	The Rev'd Karen Maurer
Guest Organist	Evan Benjamin
Associate Music Director	Scott Ziemann
Chalice Bearer	Ann Morris, Steve Morris
Acolyte	Evans Henry
Altar Guild	Stacie Tibbets
Flower Guild	Melinda Rader
Ushers	Don Sheetz, Colette Spence
We Serve Coffee Team	Joni Malcom, Cathy Dunlap, Beth Bianchi
Livestream Team	Brooke Pauley, Clyde Dodge

Summer Sunday School (June 30-August 18) in the Red Room

Parables, Music & Art: Eight weeks of creative endeavor for ages 3 to 11 years old.

Teacher: Susan Caldwell. Helper: Brooke Pauley.

Youth Group (ages 11-14) in the Conference Room

First Sunday is dedicated to Mission and Outreach.

Contact: Susan Caldwell, Director of Christian Education (scaldwell@stmikescdm.org)

Parish Prayer List

Barbara	Peggy	Burton	Edie	Joni	Kitty	Jeanne
Parry	Susan	Ron	Diane	Sue	Tom	Karina
Mark	Richard	Rachel	Bill	John		

For the repose of the soul:

Rebecca

Prayer requests remain on the list for three weeks unless otherwise requested.

To submit a name to the prayer list contact Brooke Pauley or The Rev'd Dr. Shane Scott-Hamblen.

Worship with us:

Tuesday Morning Holy Eucharist: Tuesdays at 8:30 am (in person only)

Aug. 6: The Transfiguration of Our Lord.

Lectionary Study with Fr. Shane: Tuesdays at 10:00 am (in person and Zoom)

Join on Zoom: <https://bit.ly/stmikessunday2023> Meeting ID: 912 3096 9532 / Passcode: cdm080100!

Prayer Vigil for Peace: First Friday of the Month at 6:00 pm (in person and Zoom)

Join on Zoom: <https://bit.ly/stmikessunday2023> Meeting ID: 912 3096 9532 / Passcode: cdm080100!

Worship bulletins: <https://www.stmikescdm.org/worship-bulletins/>

A Time of Prayer: First Wednesday of the Month at 2:00 pm (Zoom only)

Join on Zoom: <https://bit.ly/stmikessunday2023> (Meeting ID: 912 3096 9532 / Passcode: cdm080100!)

Worship bulletins: <https://www.stmikescdm.org/worship-bulletins/>

Online Giving:

One-time gift or pledge, please scan one of these QR codes to make a secure, private donation.



St. Michael's website



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Zelle

Announcements:

Vacation Bible School Recap

A BIG THANK YOU to all those who guest presented, participated and made donations to Vacation Bible School this summer! "Voyages of Faith" was a great success! Lily Palazzola, Howard Eaton and London Story demonstrated industry and perseverance with Scripture memory to receive new Bibles. Saint Michael's parishioners, Elizabeth Henry, Kristy Kiper, Clyde Dodge, Kai Arellano, Kim Montgomery and Brooke Pauley were our guest presenters. Lynn Headley shared on United Thank Offering. Beth Bianchi, Jane Woodson and Julie Sheffield were our joyful culinary collaborators. The Youth Group members were a fantastic support. Pizza, popsicles and toy whales were a highlight! We also welcomed new little ones into our community of faith adventure. Rusty Vail/music and Swathi Murthy/childcare were amazing! Once again, A BIG THANK YOU to all for your support of this annual summer children's ministry! — Susan Caldwell, Director of Christian Education

What's the problem with paper cups?

The inside of paper coffee cups is lined with a thin waterproof film of plastic. When hot liquids are exposed to that lining, microplastics are released into your drink. "In the 15 minutes it takes for coffee or tea to be consumed, the microplastic layer on the cup degrades. An average person drinking a regular cup of hot tea or coffee in a paper cup will end up ingesting 25,000 tiny microplastic particles." The Journal of Hazardous Materials, Dr. Sudha Goel . The New England Journal of Health finds that the presence of these microplastics in the body increases the probability of cardiovascular events. With the good health of our St. Mike's parishioners in mind, coffee hour now offers ceramic mugs as an alternative to those plastic-lined paper cups.

Sarah Rosenson returns with "Children's Bible Stories for Adults"

Noah's Ark and Jonah and the Whale are considered children's stories because they're fun. Animals on a boat! Man survives being swallowed by a whale! But at an adult level, these complex stories raise important questions about righteousness, justice, and whether there are things that can never be forgiven. This interactive online discussion will compare ancient and modern commentary and explore our ideas about these fascinating stories. Thursday evening Zoom-only series: **Sept. 12, 19, 26 and Oct. 10**. Bring your Bible! Details to come.

Save the Dates!

Our next orchestral Mass will be **Sept. 29** for our St. Michael and All Angels Patronal Festival. And on **Saturday, Nov. 2**, St. Michael's Choir will be hosting and joining our Maestro's choir from Austria (see below) for a concert performance of Giacomo Puccini's monumental *Messa di Gloria*. They also will be singing Mass for **All Saints Sunday, Nov. 3**, at 9:30 am. Please come!

Hosts needed for Austrian Choir members

We are looking for host families for PaltenKlang-Choir, the Austrian choir who will be performing at St. Mike's on Nov. 2 and Nov. 3 – see details below. They will be here from Monday, October 28, to Monday, November 4. Due to the language barrier, if you can accommodate two individuals that would be ideal. For details, contact Lukas Hasler at lukas.hasler@stmikescdm.org. Follow PaltenKlang-Choir on Facebook at <https://www.facebook.com/paltenklangchor>.

Remember SMAA in your will

Your generosity today ensures our vibrant community thrives tomorrow. Consider leaving a legacy gift in your will to support:

- Spiritual growth: Worship, education, pastoral care
- Community outreach: Feeding the hungry, sheltering the homeless, visiting the sick
- Beautiful facilities: A welcoming space for all

Contact Father Shane for more information. Let's ensure St. Michael's future together.

United Thank Offering

The United Thank Offering (UTO) began in 1883 when the women of the church took up a thank offering to support innovation in mission and ministry in The Episcopal Church and The Anglican Communion that the church budget could not cover. Today UTO includes members of all ages and genders, and welcomes people regardless of church affiliation. UTO's focus is still on promoting gratitude and supporting innovative projects that address compelling needs around the globe. St. Michael's annual UTO ingathering will be held October 13, 2024. Boxes are available on the back railing. Join the circle of thankful Episcopalians.

The United Thank Offering Invites Every Episcopalian to:

- Notice the Good Things That Happen Each Day.
- Give Thanks to God for Your Blessings.
- Make an Offering for Each Blessing.

Through UTO, Your Blessings Become Blessings for Others.

Grant Award Highlight:

Diocese of Ecuador Litoral

Inclusion, Equality, and the Opportunity to Learn Together

\$55,000

This project is aimed at migrant children who live in our country without access to education because their parents do not have an economic income, and this has been a reason that hinders their reintegration into education. Through this grant we will provide schooling for migrant children.

This Week at St. Michael's

Sunday, August 4

9:30 am Holy Eucharist
11:00 am Sunday Conversations

Tuesday, August 6

8:30 am Holy Eucharist Rite II
9:15 am Coffee & Conversation
10:00 am Lectionary Study
7:00 pm Tuesday Night at Mike's

Wednesday, August 7

2:00 pm A Time of Prayer

Thursday, August 8

8:30 am Men's Fellowship

Friday, August 9

10:00 am Prayer Shawl Ministry

Sunday, August 11

8:30 am Bible Challenge
9:30 am Holy Eucharist
10:45 am Adult Christian Ed Committee
11:00 am Sunday Conversations

For more info, contact the church office at 949-644-0463 or church@stmikescdm.org.

Weekly Finance Update

Sunday, July 28

Weekly Pledge Income	\$1,926
Weekly Other Income	\$13,826
Weekly Budgeted Exp	\$10,878
Net Income(Loss)	\$4,874

Attendance

	Sunday Worship	Children and Youth
July 7	68	7
July 14	72	11
July 21	59	4
July 28	56	3

Altar Flowers

Each Sunday, members of the congregation may sponsor altar flowers, chapel flowers, and the Aumbry Candle in thanksgiving for all the blessings of this life or in memory of loved ones. Call the church office at (949) 644-0463 or make your dedication via our website at <https://bit.ly/SMAAFLOWERS>.

Sunday Worship Livestream

YouTube:

<https://www.youtube.com/@smaacdm/>

Zoom: <https://bit.ly/stmikessunday2023>

Meeting ID: 912 3096 9532

Passcode: cdm080100!

Facebook Live: <https://facebook.com/smaacdm>

Donate Online

Visit <https://www.stmikescdm.org/give/> or use your mobile device to give via Zelle:



Saint Michael and All Angels Episcopal Church

3233 Pacific View Drive
Corona del Mar, CA 92625
(949) 644-0463

<https://www.stmikescdm.org>



Office Hours:

Monday 9:00 am to 3:00 pm
Tuesday 7:30 am to Noon
Wednesday 9:00 am to 3:00 pm
Thursday 7:30 am to Noon
Friday Closed

Parish Directory:

<https://smaa.breezechms.com>

Our Clergy and Staff

The Rev'd Shane Scott-Hamblen, ThD

Rector

fr.shane@stmikescdm.org / (845) 240-4516

Lukas Hasler

Music Director and Organist

lukas.hasler@stmikescdm.org

Susan Caldwell, M.A.Ed.

Director of Christian Education

scaldwell@stmikescdm.org

Maile Jansen

Bookkeeper

mailejansen@stmikescdm.org

Wayne Hastings

Communication Specialist

wayne.hastings@stmikescdm.org

Burton Karson

Organist-Choirmaster Emeritus

The Vestry

Mark Peterson - Senior Warden

Julie Sheffield - Junior Warden

Colette Spence - Clerk

Stacie Tibbetts - Treasurer

James Mead, Jill Draffin - Building Project/Real Estate

James Headley - Growth/Membership/Diversity

Fr. Shane Scott-Hamblen – Liturgy/Music

Sue Ahearn, Cathy Dunlap - Finance/Stewardship

Susan Brown - Communications

Clyde Dodge - Mission/Outreach

Brooke Pauley - Education

Open - Buildings and Grounds

Colette Spence - Hospitality/Fellowship

Adult Christian Education and Small Discussion Groups

Visit our website for more about our Adult Christian Education programs and Small Discussion Groups.

St. Mike's Sunday Conversations

11:00 am in Michael's Room and on Zoom

Aug. 4: Continuing with Prof. Isbouts' *Searching for the Historical Jesus* part 7 - John the Baptist in the Jordan.

Join on Zoom: <https://bit.ly/sundaysat11>

Meeting ID: 822 5120 9687 / Passcode: Jonah24!

Contact: Kim Montgomery

Tuesday Night at Mike's

Tuesdays at 7:00 pm on Zoom

Reading *Inspired* by Rachel Held Evans.

Aug. 6: Chapter 6 - Gospel Stories.

Join on Zoom: <https://bit.ly/tuesdayatmikes>

Meeting ID: 834 2976 3754 / Passcode: none

Contact: Beth Bianchi

Bible Challenge

Third Sundays at 8:30 am in the Conference Room

Aug. 11: Reading *Bold to Say: Reflections on the Lord's Prayer* edited by Rachel Jones and published by Forward Movement.

Contact: Susan Caldwell

Inklings! Book Group

Third Mondays at 10:30 am in the Davis Library

Aug. 19: Reading *The Lion, the Witch and Wardrobe* by C.S. Lewis.

Contact: Susan Caldwell

Prayer Shawl Ministry

Fridays at 10:00 am

Please join us as we knit or crochet and pray!

Contact: Julie Jenkins at 949-244-7103

Men's Fellowship Group

Thursdays at 8:30 am in the Davis Library

Reading *Black Wave* by Kim Ghattas.

Contact: Kim Montgomery